



THE DIGITAL LAW CO
BY EMMA SADLEIR

Smartphone Contract

I understand that having a phone is a privilege not a right and that it could be taken away if I do not adhere to the following rules:

Responsible Phone Use

- I will give my parents access to my phone whenever they ask.
- I understand that I am responsible for knowing where my phone is, and for keeping it in good condition.
- I will always respond to calls and texts from my parents.
- I will always have my phone turned on and charged when I am out with my friends.
- I will not exceed my monthly minutes or data allocation.
- I will not sleep with my phone next to my bed. I will plug my phone into the charging station by ____pm on weekdays and _____ pm on weekends
- I will not use the phone during the following times:
 - **On weekdays:** For a maximum of ____ hours per day.
 - **On weekends:** For a maximum of ____ hours per day.

Being a Good Human

- I will obey all rules my school has regarding phones, such as turning it off during class.
- I will not send threatening or hurtful messages to others.
- I will not use my phone to bully, shame or harass anyone.
- I will not take or send embarrassing photos of my family, friends or classmates to others, unless I have their consent.
- I will not say unkind or untrue things about people or use inappropriate language online.
- I will not get into arguments or fights online. If someone tries to start an argument or fight with me, I will not answer him/ her and will tell my parents.
- If I have posted a photo of someone else or content which concerns someone else, and that person asks me to remove it, I will do so immediately.
- I will never pretend to be someone else online or create a fake account.
- I will never use somebody else's phone or log into somebody else's account unless I have their permission.

Staying Safe Online

- I will never give my passwords to anyone but my parents; and they will have access to all my passwords.
- I will not message, phone, "add" or meet anyone I have not met face-to-face in real life unless my parents say it is okay.
- I understand that some people online pretend to be someone they're not. Even if we have an overlap in friends, or my friends introduce me to someone online, I will be careful in establishing that they are who they say they are.
- I will alert my parents when I receive suspicious phone calls or messages from people I don't know.
- I will tell my parents if I receive harassing, threatening, disturbing, offensive, illegal or inappropriate content.



- I will tell my parents if I receive any content or if I am part of any conversation (even if I started it) which makes me feel uncomfortable, unsafe, nervous or unsettled.
- I will not give or post my full birthday, ID/passport number, address or telephone number to anyone online. I understand that doing this puts me, my family and my friends in danger.
- I will turn off location settings for social media apps so that my location is not made available to anyone.
- If someone asks me to send them any pornographic material (like sexy or naked pictures), I will refuse to do so, and I will tell my parents.
- If someone sends me any inappropriate or pornographic material, I will tell my parents and I will not show it or send it to my friends.
- I will not download, buy or order anything online without asking my parents first.
- I will not open any suspicious links or attachments.

Phone Etiquette

- I will not use my phone while talking face-to-face with another person.
- I will not bring my phone to the dinner table.
- When I have my phone in a public place such as a church/synagogue/mosque or a restaurant, I will be respectful and turn it off/on silent.

When I am unsure whether I should post content online, or have it on my phone, I will remember the following:

- The Billboard Test:** If I wouldn't want the photo/video/messages to be on a huge billboard on the side of a highway with my name and name of my school, I won't post it online and won't let it exist in digital format in my phone or somebody else's phone (as phones can get stolen/hacked).
- The 6 P's :** If I wouldn't want any of the following people to see the photos/videos or messages, I will not post them on social media or let them exist in my phone:

*The **P**olice - My **P**arents - A **P**aedophile - A **P**rospective university admissions officer/ employer
Your **P**incipal - A **P**hisher (someone who is interested in getting your personal information)*

Signatures

Signed _____ (Child) _____ (Date)

Signed _____ (Parent/s) _____ (Date)



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